

# Lifeline Connect

Here for you



You can find us at Hornsby  
Library every Thursday from  
1pm to 5:30pm.

**Feeling distressed? Lifeline provides  
confidential crisis support, accessible 24/7.  
Call 13 11 14, text 0477 131 114 or chat  
[www.lifeline.org.au/crisis-chat](http://www.lifeline.org.au/crisis-chat)**

# Connecting our community

## Seek help and find support

Lifeline H2HS is expanding our physical presence and providing a safe space in the community, so you can connect and get the support you need.

### The Lifeline Connect Centre will:



**Provide in-person support in the local community**



**Welcome everybody to our walk-in, non-judgmental and friendly space**



**Explore options for support**

**You can find us at Hornsby Library  
every Thursday from 1pm to  
5:30pm, starting 7 September.**

28-44 George St, Hornsby NSW 2077

**Phone: (02) 8287 1142**

[www.lifelineh2hsydney.org.au](http://www.lifelineh2hsydney.org.au)



**Lifeline**

Harbour to Hawkesbury  
Sydney